



Lakesidekarateny.com

**Come Celebrate our
10 Year Anniversary**

**by attending any class during
our 4-Nights of FREE
Karate Classes Event!**

Monday 10/13:

Tiger Cub Karate 6:00 to 6:30 pm

Traditional Karate 7 to 8 pm

Tuesday 10/14:

Intro to Weapons 6 to 6:45 pm

Traditional Karate 7 to 8 pm

Wednesday 10/15:

Traditional Karate 6 to 6:45 pm

Self-Defense / Combative's 7 to 8 pm

Thursday 10/16:

Traditional Karate 6 to 6:45 pm

Just Yell FIRE Self Defense

Presentation for young women 7 to 8:30 pm



**Register by email or
online at
lakesidekarateny.com**

**Attend one class or
every class 4-FREE**

**Lakeside Karate 11 South Main St. Lyndonville,, NY 14098
www.lakesidekarateny.com 585-705-5614**